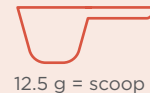


Whole Body Collagen



For healthy connective tissue in the body

OVERVIEW

- > Contains FORTIGEL®, FORTIBONE® and VERISOL® (GELITA) collagen peptides
- > Dairy and gluten free protein source
- > Temperature stable
- > 100% bovine
- > Excipient free

Nutrition Information			
	Per 12.5 g serve	%DI/RDI*	Quantity per 100 g
Energy	191 kJ 45 Cal	2% 2%	1,530 kJ 360 Cal
Protein	11.3 g	23%	90 g
VERISOL®	2.5 g		
FORTIBONE®	5 g		
FORTIGEL®	5 g		
Fat	0 g	0%	0 g
- saturated fat	0 g	0%	0 g
Carbohydrate	0 g	0%	0 g
- sugars	0 g	0%	0 g
Fibre	0 g	0%	0 g
Sodium (mg)	25 mg	1%	200 mg

*Based on an average adult diet of 8700 kJ
 Ingredients: Collagen Peptides (hydrolysed bovine collagen)

Pack Size	375 g
Servings Per Pack	30
Serving Size	12.5 g
Serving Form	Oral powder

Directions for Use
Adults: Add one scoop of Whole Body Collagen to water. Consume once per day or as directed.

Allergen Information
No added: soy, dairy, gluten or nuts.

Designed and packed in Australia from imported ingredients.



No Added Gluten



No Added Dairy



No Added Nuts



No Added Soy



No Artificial Flavours or Colours



Kosher Product



Halal Certified





EDUCATION

Collagen is a major component of the human body, accounting for about 30% of total body protein. If you look closely at a collagen fibre, you would see that its structure is similar to that of a rope, with each individual fiber of collagen made up of many small fibres, called microfibrils, all bound together. These microfibrils are themselves made up of even tinier fibers called microfibrils, which account for the strong nature of collagen. Like a rope, collagen has great tensile strength and can be pulled without breaking.

Collagen is crucial for mobile joints, stable bones, healthy muscles, strong ligaments and tendons, skin, hair and healthy fingernails. It is one of the primary structural proteins of connective tissue. Connective tissue plays an important role in the body by cushioning and hydrating, as well as binding and holding the various tissues in the human body together. Connective tissue also provides physical and mechanical support through the extensive extracellular matrix made up of predominantly collagenous, elastic and reticular fibres. Amongst the many types of connective tissues, those richest in collagenous fibres include loose and dense connective tissues such as tendons and the dermis of the skin respectively. Other types of connective tissue which contain large amounts of collagen include cartilage and bone.

GELITA Clinically-Proven Collagen Peptides

Collagen peptides are short-chain protein building blocks produced by hydrolysis of native collagen. Independent from their molecular weight, the bioavailable collagen fibre peptides are rapidly absorbed by the body. GELITA Collagen Peptides have an amino acid and nutritional profile that are free from fat, sugar, cholesterol, purines and additives and offer a wide spectrum to be used in food applications, either in solid or liquid form. Even when tested for degradation in cooking, the GELITA collagen peptides were found to be stable.

Typical amino acid composition of GELITA Collagen Peptides (Hydrolysate):

	g / 100 g
Alanine	8.6
Arginine	7.3
Aspartic Acid	5.8
Glutamic Acid	10.2
Glycine	22.2
Histidine	1.0
Hydroxyproline	11.9
Isoleucine	1.4
Leucine	2.7
Methionine	0.9
Phenylalanine	2.1
Proline	12.7
Serine	3.2
Threonine	1.8
Lysine	3.6
Hydroxylysine	1.6
Tyrosine	0.8
Valine	2.4



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