


# N-Acetyl-Cysteine



  
1 g =  
1 level scoop

For extemporaneous compounding only

## OVERVIEW

- > Designs for Health N-Acetyl-Cysteine (NAC) is a 100% pure, easy to dissolve and pleasant tasting powder
- > NAC is a precursor to Cysteine, a sulphur containing amino acid which is a parent compound of Glutathione, the body's master antioxidant
- > Each scoop provides 1gm pure N-Acetyl-Cysteine powder
- > Doses used in research range from 600 mg–2 grams daily
- > Doses higher than 1200 mg are typically divided

### Active Ingredients (per scoop)

1 level scoop provides 1 gm N-Acetyl-Cysteine

### Pack Size

100 g

### Scoop Size

1 gm per level scoop

### Excipients

Excipient free

### Directions for Use

Please use as directed by your health practitioner.  
For extemporaneous compounding only.

### Allergen Information

Does not contain: gluten, dairy, lactose, soy or nuts.

### Prescribing Information:

**Contra-indications:** Nitro-glycerine. NAC supplementation increases the risk of hypotension and headaches when taken alongside either transdermal or intravenous nitro-glycerine.

**Cautions:** NAC has antiplatelet effects. Use with caution in patients with bleeding disorders.

### Warnings

Warnings: If symptoms persist, talk to your health professional.



No Added  
Gluten



Free From  
Excipients and  
Flavours



GMO-Free



Vegan Friendly

