# 🖒 designs for health Australia



For extemporaneous compounding only

## **OVERVIEW**

- > Myo-Inositol is an important structural component of cell membranes and is involved in a number of cellular processes as a second messenger
- > Myo-Inositol can be produced by the body, but dietary intake also contributes to biological stores
- > Good food sources include rockmelon/cantaloupe, oranges, eggplant and beans
- > Doses used in clinical research range from 1-4 g daily
- > Designs for Health Myo-Inositol is a 100% pure, excipient free product

#### Active Ingredients (per scoop)

1 level scoop provides 2 g Myo-Inositol

Pack Size	120 g
Scoop Size	2 g per level scoop
Servings Per Pack	30-60 doses per tub

#### Excipients

Excipient free

#### **Directions for Use**

Please use as directed by your health practitioner. For extemporaneous compounding only.

### Allergen Information

No added: gluten, dairy, lactose, soy or nuts.

### Prescribing Information:

May interact with diabetes medications and with herbs that have a hypoglycaemic action. Theoretically, may increase the risk of hypoglycaemia.

#### Warnings

Use only as directed by your health practitioner. If symptoms persist, talk to your health practitioner. Dietary supplements should not replace a balanced diet.







Gluten



#### Free From Excipients and Flavours













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