

Collagen Peptides Comparison Chart



	AMC	WBC	CJC
Protein per serve	13.5 g	11.3 g	9 g
Dose	15 g	12.5 g	11 g
Pack Size	375 g	375 g	330 g
Servings per pack	25	30	30
W/S ex. GST	\$30.88	\$36.90	\$40.27
RRP incl. GST	\$50.95	\$64.95	\$66.45
Price per dose W/S excl. GST	\$1.23	\$1.23	\$1.34
Price per dose RRP incl. GST	\$2.00	\$2.16	\$2.21

	ACTIVE MUSCLE COLLAGEN	WHOLE BODY COLLAGEN	COMPLETE JOINT COLLAGEN
Peptides	BODYBALANCE® 15g/serve	FORTIGEL* 5g/serve FORTIBONE* 5g/serve VERISOL* 2.5g/serve	FORTIGEL® 5g/serve TENDOFORTE® 5g/serve (HydroCurc® 440mg/serve)
Target tissues	Muscle	Joint, bone and skin	Joint, tendon and ligament
MOA	> mTOR activation (protein metabolism) > AMPK activation	FORTIGEL® > Stimulates type 2 collagen synthesis > Upregulates glucosaminoglycan synthesis in joints > Anti-inflammatory FORTIBONE® > Osteoblast activation > Osteoclast inhibition VERISOL® > Dermal fibroblasts > Upregulates collagen, elastin and glucosaminoglycan synthesis > Encourages extracellular matrix formation in skin > Increases mitochondrial activity in hair follicles thereby stimulating follicle proliferation	FORTIGEL® > Stimulates type 2 collagen synthesis > Upregulates glucosaminoglycan synthesis in joints > Anti-inflammatory TENDOFORTE® > Stimulates production of collagen types I and III, protoglycans and elastin > Improves hydroxyproline and glycosaminoglycan content in tendons > Improves collagen matrix organisation and tendocyte remodelling > Downgrades matrix metalloproteinase, reducing connective tissue degradation
Functions	> Increases lean body mass > Decreases fat mass > Improves muscle strength > Improves body composition > Improves mobility	FORTIGEL® > Improvements in joint cartlage production > Reduction in joint cartilage degradation > Reduction in joint pain FORTIBONE® > Increases bone tissue synthesis > Slows bone resorption > Improves bone mineral density VERISOL® > Improves skin elasticity > Improves skin hydration > Increases dermal thickness > Improves skin surface structure > Encourages faster nail growth > Improves nail strength > Improves hair thickness	FORTIGEL* > Improvements in joint cartilage production > Reduction in joint cartilage degradation > Reduction in joint pain TENDOFORTE* > Improves joint strength and function > Improves connective tissue strength > Increases strength of ligaments and tendons > Repairs microinjuries
Conditions	> Sarcopenia> Obesity> Great dietary addition to a fitness program	 Joint pain and mild cartilage degradation Osteomalacia and osteoporosis Ageing skin Dry skin and hair Nail chipping and peeling Hair thinning and alopecia General support for connective tissue health 	> Functional joint pain > Pre-existing joint injuries > Tendinopathies > Joint instability and/or weakness